

London Book Fair 2026

Adult Publishing Rights Guide



Penguin
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Non-Fiction



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Non-Fiction

KEY TITLES





Penguin
Random House
Australia & New Zealand

Circadian

Professor Ian Hickie

The new science behind the essential rhythms of your health.

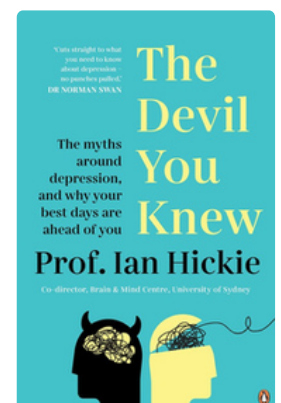
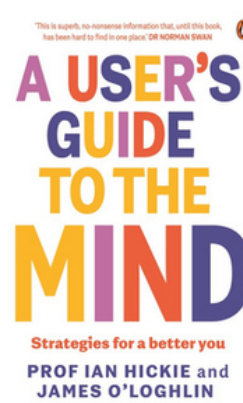
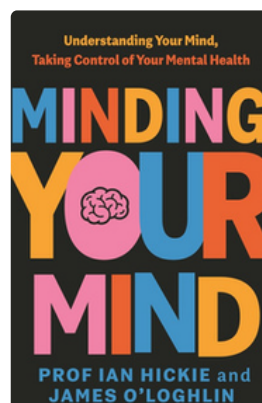
Unlock the secrets to optimal health with Professor Ian Hickie's *Circadian*. Our bodies run on a series of clocks, operating behind the scenes to determine how we feel and function through each day and night.

Drawing on 30 years of active research and clinical practice, Professor Hickie cracks the code of the latest circadian science, helping you understand your brain-body clock and how to use it to your daily advantage. This groundbreaking book goes beyond sleep, offering a holistic approach to wellbeing by focusing on light exposure, exercise and eating habits as well as the timing and quality of sleep. Discover how to build a personalised plan that adapts to different life stages, from childhood to older age. Learn to use wearable tech and other tools to monitor your mood, manage stress and understand your chronotype. Discover when best to eat and exercise each day. You will also discover practical advice on everything from weight management to handling jet lag.

Circadian empowers you to synchronise your internal clocks and achieve better health. It aims to bust common myths, explore what bothers you most, and experiment to find what works best for you. It will help you to embrace the 24-hour system and transform your life by getting your body clock right.

***Circadian* is not a 'sleep book.' It's about holistic health and how our body clock underpins so many of the internal systems that support physical and mental wellbeing.**

Backlist



**Non-Fiction / Psychology /
Self Development**

Product Details

Nov 2026 | Trade Paperback | 272pp
World Rights + Film



Professor Ian Hickie is a psychiatrist and Co-Director of Health and Policy at the University of Sydney's Brain and Mind Centre. He is one of Australia's leading advocates for, and commentators on, mental health.

He was the first CEO of Beyond Blue, the Australian depression initiative, and an inaugural Commissioner on Australia's National Mental Health Commission.

Ian is also an internationally renowned researcher and speaker in psychiatry, with over 30 years of research and clinical experience.



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Overstimulated: Reclaiming Calm and Connection in a Noisy World

Anastasia Hronis

In today's hyper-connected world, our nervous systems are bombarded by constant sensory and mental overload, leaving us restless, distracted, and disconnected from both ourselves and others.

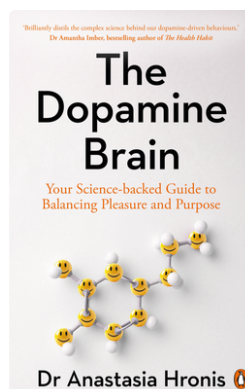
Drawing on cutting-edge neuroscience, *Overstimulated* reveals how constant stimulation doesn't just fray our nerves—it hijacks our attention, erodes creativity, and even robs us of the quiet moments essential for self-reflection and insight. With practical strategies, this book is your roadmap to reclaiming calm and rebuilding authentic bonds - with both others, and yourself.

Discover why boredom isn't something to fear, but a vital ingredient for brain health, creativity, and emotional resilience. Learn how embracing stillness can unlock your mind's natural problem-solving abilities, foster deeper relationships, and help you reclaim your sense of self in an age of endless distraction. With science-backed tools and real-world guidance, *Overstimulated* empowers you to quiet the noise, restore balance, and thrive in a world that never stops.

Rights Sold for *The Dopamine Brain*

Translation rights sold to China (China Machine Press), Romania (BookZone), Brazil (Globo), Spain (Planeta), Taiwan (Linking Publishing Company), Poland (Bellona) and Türkiye (Pegasus)
English Language Rights sold to UK (Ebury)

Backlist



'The Dopamine Brain masterfully bridges the gap between complex neuroscientific concepts and everyday life, offering readers a clear and engaging exploration of how dopamine influences our behaviour.'
Dr Rachel Menzies, University of Sydney



**Non-Fiction / Psychology /
Self-Development**

Product Details

Feb 2027 | Trade Paperback | 304pp
World Rights

Dr Anastasia Hronis is a Sydney-based clinical psychologist and academic, and founder of the Australian Institute for Human Wellness. An expert in addictions research, she is a frequent commentator in national media on mental health.

Dr Hronis lectures and researches at the University of Technology Sydney, and has published widely in leading international journals. She is a sought-after speaker and has presented her work at major global conferences, including the World Congress of Behavioural and Cognitive Therapies in Berlin and the International Conference on Child and Adolescent Psychopathology in London.



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Stuff the British Stole

Marc Fennell

An uproarious, illuminating trek through contested history, from the creator of the hit podcast and TV series.

In the days of the British Empire, things were taken that probably shouldn't have been. So how come they're still in museums, galleries and some much stranger places?

There are eight million objects in the British Museum alone. A number of them were stolen in wildly dodgy ways – a very big number. A chance encounter with one of them (a mechanical tiger/music box that mauls a soldier when you turn a handle) prompted journalist Marc Fennell to ask: 'What is that? And how the hell did it get here?'

The answer was so gloriously weird that it sent Fennell on a globetrotting adventure, investigating the most audacious criminal enterprise in history – the British Empire.

With wit, empathy and unflinching honesty, *Stuff the British Stole* reveals the true stories behind remarkable objects in the world's most celebrated museums. These artifacts tell the stories of power, resistance and survival that have shaped our modern world.

Travelling from the pyramids of Egypt to the beaches where Captain Cook first landed, from Tuscan marble quarries to Kenyan torture chambers, Fennell uncovers the uncomfortable truths hidden behind the plaques. The human stories museums would rather we didn't talk about. Part travelogue, part true crime, part reckoning with history, this is a book about how the hell we got here.

The podcast and TV program



The podcast of *Stuff The British Stole* launched in 2020 and immediately shot to the #1 spot on the Apple Podcasts chart and was named one of the best podcasts of the year by Broadsheet, Junkee and Gizmodo. In 2021 it became the #1 history podcast in nations all around the world with over 5 million downloads.



**Non-Fiction / Cultural & Social
History / Narrative History**

Product Details

Jun 2026 | Trade Paperback | 336pp
World Rights



Marc Fennell is a Walkley-winning journalist and internationally recognised documentary storyteller. He is the creator and host of *Stuff the British Stole*, a globally distributed television and podcast franchise airing on ABC Australia, BBC Select and CBC Canada, and has been described by *The Times* (UK) as 'the cheerful Aussie version of Louis Theroux.'

In 2022, *Stuff The British Stole* became a hit television series with over 1 million average total viewers on ABC TV. It aired on CBC Canada in 2023. Season 2 launched in Australia on ABC in June 2024 with CBC airing early 2025.



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Random House
Australia & New Zealand



The Energy Game

Amantha Imber

Welcome to the ultimate playbook for energised living.

Did you know that research shows that 43% of workers feel constantly exhausted? Look around your office, your friend group, your family – chances are, you'll see the same signs of chronic depletion. But it doesn't need to be this way!

The Energy Game is Amantha's new book tackling the energy crisis endemic in our modern lives. Unlike so many books about burnout, here's what makes her new book stand out from the crowd:

- It is packed with cutting-edge research on energy optimisation, from physical tweaks to psychological hacks you can implement before finishing your morning coffee.
- It turns the whole process into simple games-often taking no more than a minute or two-because who said reclaiming your energy can't be fun?!
- It's powered by real people and real results – Amantha has involved her community in a 30-day energy experiment, and their experiences reveal exactly how these strategies work in the wild.

The Energy Game takes all that complex science about energy – and there's a lot – breaks it down into bite-sized pieces you can understand and turns it into a game you'll actually want to play.

**Non-Fiction / Psychology /
Self-Development**

Product Details

Jul 2026 | Trade Paperback | 304pp
World Rights + Film

Rights Sold for *Time Wise* and *The Health Habit*

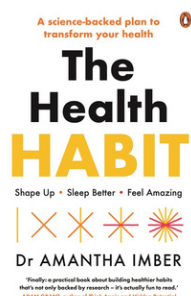
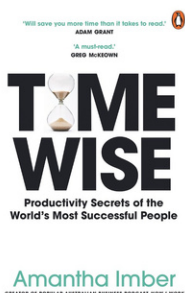
- English Language Rights sold to Random House UK (Ebury)
- Korean Translation Rights sold to Dasan Books and Hyundai Jisung
- Portuguese Translation Rights sold to Alaúde Editorial
- Thai Translation Rights sold to Nanmeebooks
- Indonesian Translation Rights sold to PT Pustaka Alvabet
- Vietnamese Translation Rights sold to Ymate Cultural and Educational Company

Dr Amantha Imber is an organisational psychologist and founder of the award-winning behaviour change training company Inventium. She has worked with companies such as Google, Apple, Disney, Lego, Coca-Cola and Microsoft to help boost productivity, innovation and wellbeing.

In 2021, Amantha was the first Australian to win the Thinkers50 Innovation Award (described by the *Financial Times* as the 'Oscars for Management Thinking'). Amantha was also named as one of the *Australian Financial Review's* 100 Women of Influence.

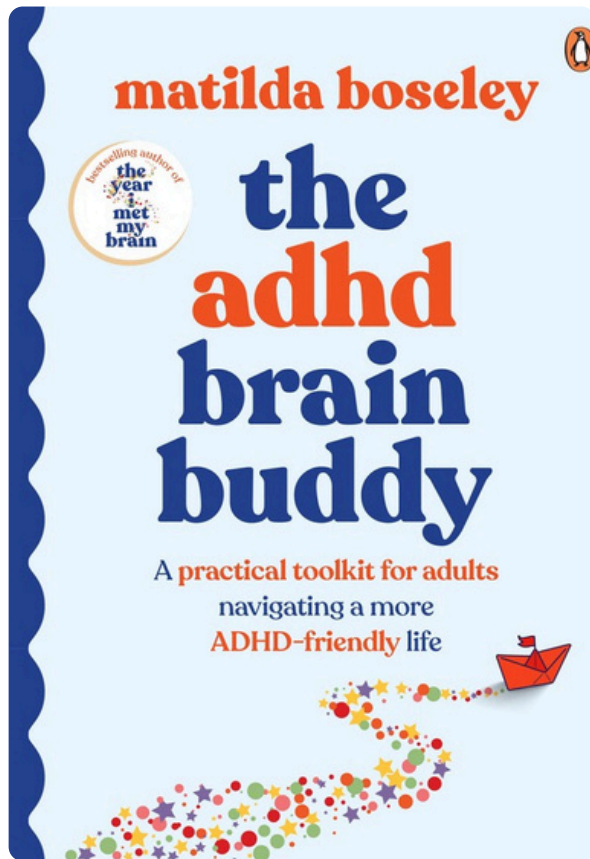
Amantha is also the host of the number-one ranking business podcast *How I Work*, which has had over 6 million downloads, where she interviews some of the world's most successful people about their habits, strategies and rituals.

Amantha's thoughts have appeared in *Harvard Business Review*, *The New York Times*, *Forbes*, *Entrepreneur* and *Fast Company*, and she is the author of four internationally bestselling books: *Time Wise*, *The Innovation Formula*, *The Creativity Formula* and *The Health Habit*.





Penguin
Random House
Australia & New Zealand



**Non-Fiction / Self-Help /
Neurodiversity**

Product Details

Nov 2025 | Paperback | 352pp
World Rights

Rights Sold

Simplified Chinese Translation Rights sold
to Tsinghua University Press Limited

The ADHD Brain Buddy

Matilda Boseley

From the bestselling author of *The Year I Met My Brain* comes a practical and empowering workbook of handy tools for daily life, designed specifically for adults with ADHD.

As an ADHDer, sometimes you feel stuck – and the unrelenting demands of adult life in a neurotypical world certainly don't help. Matilda Boseley knows it because she has lived it and learned a lot since her diagnosis at age 23.

In her first book, *The Year I Met My Brain*, journalist Matilda took a deep dive into adult ADHD to understand how it all works. Now, she's written *The ADHD Brain Buddy*: a treasure trove of practical tips, activities and scientific insights to help you make it through the hard days, utilise the great ones and reflect on the impact ADHD has had throughout your life. All in the pursuit of making your world easier to navigate – and way more fun.

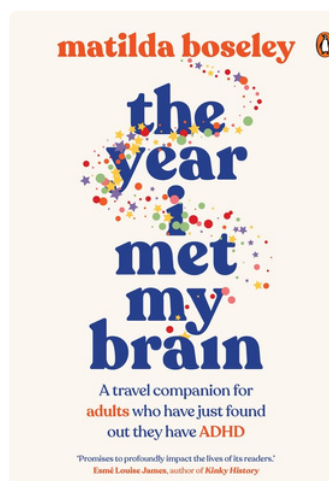
Free from guilt, shame or pressure, *The ADHD Brain Buddy* meets you where you are – whether you're surviving, thriving or reflecting. It's the perfect helpful companion for your neurodivergent journey.

'Offers guidance without judgement, encouragement without the pressure, and a whole lot of humour and heart. I wish I'd had it sooner.' Steph Claire Smith

Backlist



Matilda Boseley is an award-winning reporter for *The Guardian Australia*. She has spearheaded the publication's popular TikTok channel. Her work on the platform has won her a Quill Award for Innovation in Journalism and she was nominated for a Walkley Award for the same category.



Rights Sold

Italian Translation Rights
sold to Edizioni Erickson
Korean Translation Rights
sold to Sinsabooks



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The Fibre Factor

Dr Joanna McMillan

The ultimate guide to better gut health, brain function and whole-body wellness through the power of fibre.

We didn't mean to lose fibre – but between industrial food processing and convenience culture, it quietly disappeared from our plates ... and our bodies have noticed.

Drawing on the latest science and nearly three decades of experience as a nutrition scientist and TV personality, Dr Joanna McMillan brings fibre back into focus – not as a dull dietary box to tick, but as one of the most deliciously powerful tools for health and longevity.

You'll discover:

- how fibre fuels your gut microbiome, and supports digestion, mental health, immunity, inflammation and detox pathways
- why fibre is vital for heart health, weight balance and blood sugar control
- your dream team of foods, meal ideas and flavour-packed recipes to make eating fibre easy and inviting
- the tools to design your own fibre-rich way of eating that suits your lifestyle
- why fibre diversity – not just quantity – is essential.

Whether you're an omnivore, a plant lover or somewhere in between, *The Fibre Factor* will inspire you to rethink your diet and rediscover the missing nutrient your body – and mind – have been craving.

Non-Fiction / Health

Product Details

Mar 2026 | Trade Paperback | 288pp
World Rights

Rights Sold

Translation Rights sold to Spain
(Editorial Planeta)

Joanna McMillan is a PhD-qualified nutrition scientist and lifestyle medicine expert, an accomplished author, engaging speaker, visionary food futurist, nutrition consultant, passionate cook, and charismatic TV presenter, having hosted programs including *ABC Catalyst*, *Good Chef Bad Chef* and has been a regular on *The Today Show* for almost 20 years.



With eight books and four Audible originals under her belt, she brings a wealth of knowledge and experience. Her TEDx talk has captivated over a million viewers worldwide and she speaks regularly at corporate, industry and public events both locally in Australia and across the globe.

Originally hailing from Scotland, Jo has lived in Australia for 25 years where she has cultivated a reputation as a leading voice in the field of nutrition and is well recognised and respected by her peers and public alike for credible and evidence-based knowledge.

Jo is also a Graduate of the Australian Institute of Company Directors and is a Non-Executive Director at Cobram Estate Olives Ltd. She is always seeking new learnings, most recently obtaining her Certificate in Sustainable Food: Production & Processing from the University of Cambridge.



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Australia & New Zealand

**DRAFT
COVER**



**Non-Fiction / Memoir /
Cult Survival & Recovery**

Product Details

Jul 2026 | Trade Paperback | 336pp
World Rights + Film



Bek Condello grew up inside a closed-off doomsday Pentecostal cult that controlled every aspect of her life and cut its members off from the outside world. Leaving meant losing her family, her community, and the identity she had been told was hers since a young girl.

By her early thirties she had broken free from both the cult and the marriage she had been pressured into within it, reclaiming her life and discovering who she truly was.

Today Bek lives with unapologetic joy, deep bravery, and a commitment to freedom, inspiring others to rebuild and thrive after deep loss.

Can You Handle A Girl Like Me?

Bek Condello

Growing up, marrying in and ultimately abandoning an Australian cult. Then learning how to make friends, live, love and thrive.

We all grew up under constant instruction: from the pulpit, from our parents, from each other. The Ten Commandments. Obedience. Submission. Purity. Fear God. Honour your leaders. Hell for the wicked. There was no space for questions because we already had the answers. If something felt unclear, that was our spiritual flaw. Pray harder.

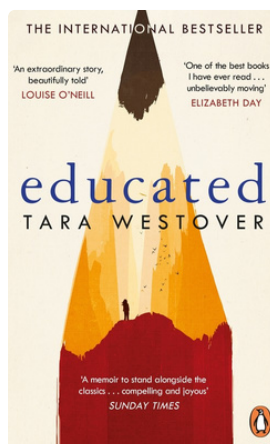
In a sleepy Canberra suburb, Bek Condello, was raised in the Geelong Revival Centre, a strict patriarchal Pentecostal movement. The influence of the GRC extended deeply into the lives of the congregation, promoting discipline, dictating what girls and women wore, who they socialised with and ultimately, who they would marry.

After crossing the country to marry her approved husband and enduring a tumultuous marriage, Bek Condello made the courageous decision to start her life again. Anyone who leaves the GRC is cut off, from family, identity, history.

Can You Handle A Girl Like Me? chronicles Bek's journey through both challenging and transformative experiences. She bravely shares her experiences of finding friends and going on her first real dates in her thirties. With no experience of equal human relationships, Bek is rebuffed and exploited.

Through embracing healing and self-empowerment, she is now embarking on a second life of adventure and joy.

Comparison Titles





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Pray Harder

Richard Baker

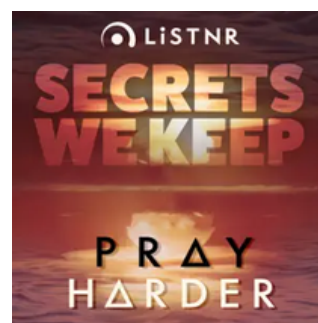
How does a country become a cult heartland without anyone knowing?

Expanding on his successful 2024 podcast series, *Pray Harder* which exposed the dark secrets of the extreme Pentecostal “cult”, the Geelong Revival Centre, journalist Richard Baker charts his evolution into something of an unwitting cult buster as he exposes the secrets of three very different religious sect leaders whose delusions and demands have left a trail of wreckage.

Richard explores life inside a cult and the price paid to escape. He ponders the question whether society is capable of protecting vulnerable people while respecting religious freedom?

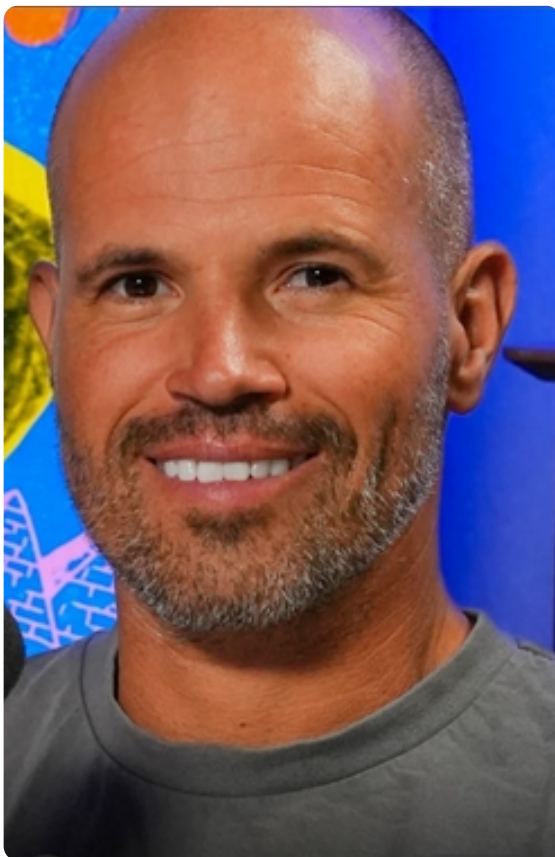
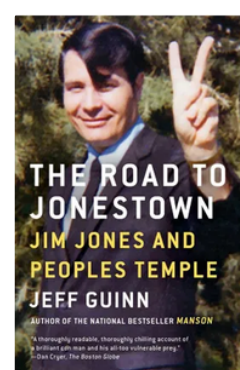
Richard's journey is a key storyline in this work as he continues to be contacted by cult survivors from groups as diverse as the Revival churches, the Exclusive Brethren, the 2x2's, Jehovah's Witness, Shincheonji and more.

Speaking to leaders and followers, past and present, Richard encounters alleged financial skullduggery involving politicians and taxpayer funds, alleged cover up of sexual assault and more.



Richard Baker has created award winning and critically acclaimed investigative narrative podcasts during his 23-year career including *Pray Harder*

Comparison Titles



**Non-Fiction / Cults and Sects /
Investigative Journalism /
True Crime**

Product Details

Mar 2027 | Trade Paperback | 336pp
World Rights

Journalist and podcaster, Richard Baker is one of Australia's most creative, engaging and groundbreaking investigative journalists.

His work on corruption, crime, social affairs, business, politics, national security and indigenous affairs has had national and international repercussions, sparking criminal prosecutions at home and abroad, leading to legislative change and giving a voice to those without one. With a 23-year career with *The Age* and *Sydney Morning Herald* newspapers, Richard has won Australia's most prestigious journalism honour, a *Walkley Award*, on five occasions. In 2017 he was named Australian Journalist of the Year with his long-time investigative partner and friend, Nick McKenzie.



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Random House
Australia & New Zealand

LOU GIBSON

Thrifty Rich

The simple money lessons to boost your budget and build a truly happy life

COVER TO BE REVEALED



Thrifty Rich

Lou Gibson

"There's a problem with the way my generation is spending money, and no one wants to talk about it..."

Thrifty Rich by Lou Gibson, also known as *That Money Mum* by her 200k+ followers, is a transformative guide that delves into the often-taboo subject of personal finance.

A teacher and mum of two, Lou set out to overhaul her household finances in the face of looming mortgage payments and cost-of-living pressures. Inspired by the simpler lifestyles of previous generations, she tried out new budgeting habits which she started sharing online. Soon, Lou's videos were racking up thousands of views and comments from other women, excited by the idea of freeing themselves from the consumerist hamster wheel and realigning their lives to true sources of joy.

In *Thrifty Rich*, Lou takes the reader through all her money lessons – the ones she learned quickly and those she learns again and again on a journey to what we're all truly searching for: long and sustainable happiness. You find it in your heart, not in a Gucci bag.

Through a blend of engaging personal anecdotes and practical advice, and with a focus on creating lasting financial habits and prioritising what truly matters, *Thrifty Rich* empowers readers to take control of their finances by understanding their money stories and making values-based financial choices.

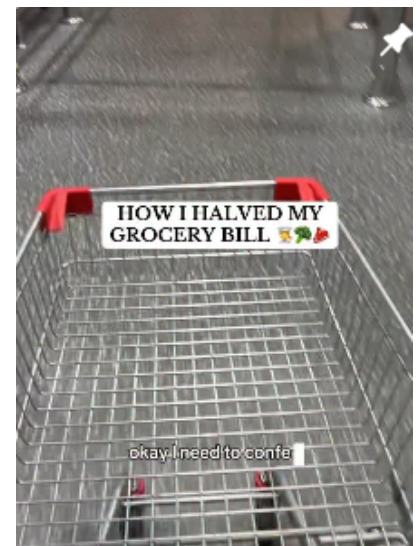
Non-Fiction / Personal Finance

Product Details

Aug 2026 | Trade Paperback | 272pp
World Rights + Film

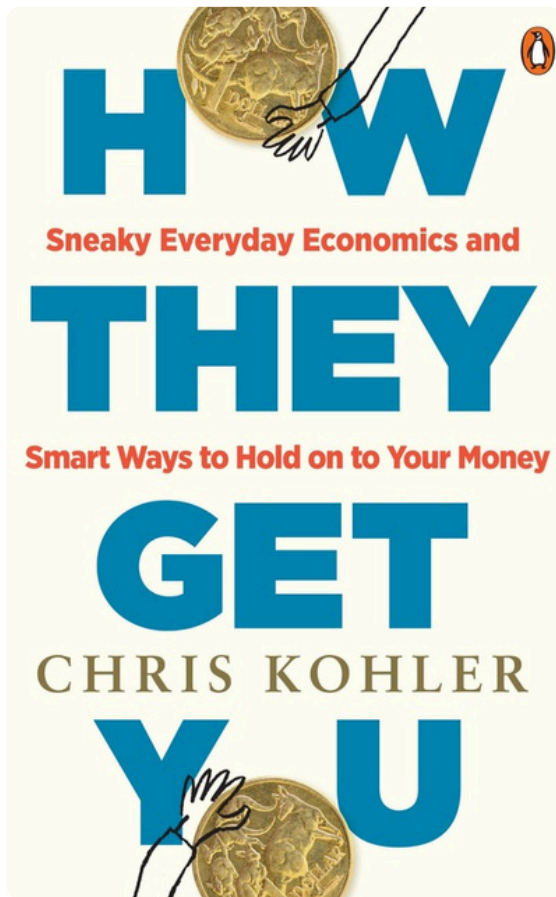
Instagram-@thatmoneymum
Tik Tok-@thatmoneymum

Lou Gibson is an anonymous English teacher and mum of two living in Melbourne, Australia (aged 31). As the creator behind the online platform That Money Mum she has amassed 270k+ followers across Instagram and TikTok in 18 months, beloved for her down-to-earth and realistic advice about money and lifestyle.





Penguin
Random House
Australia & New Zealand



Non-Fiction / Personal Finance

Product Details

Nov 2025 | Trade Paperback | 304pp
World Rights + Film

How They Get You

Chris Kohler

Have you ever felt like your wallet has a slow leak that you can't find?

In this sharp, funny and empowering guide, journalist Chris Kohler takes you through the rigged carnival of modern life, where the games are broken, the prizes are fake and somehow you're paying \$28 to park near the entrance.

From loyalty schemes to late fees, gift cards to sneaky supermarkets, *How They Get You* pulls back the curtain on how the systems work and how to outsmart them. Written for anyone who has ever looked at their bank account and thought, I swear I didn't buy anything, this is the ultimate handbook to understanding how the game is played – and how you don't have to lose every single time.

You'll laugh, you'll groan and you'll probably cancel a few subscriptions. But most of all, you'll walk away with the clarity and confidence to make better choices about how to spend and save your hard-earned money.

RIGHTS SOLD

Translation Rights sold to Vietnam (First News) and
Korea (Minumsa Publishing)



Chris Kohler is Finance Editor across the 9News network. You'll see Chris nightly in all states and territories covering financial markets, interest rates, property markets and household finance issues. He has worked for 9News, Sky News Business and *Your Money*, and has extensive experience as a property and financial markets journalist with *The Australian*, and with *The Age* and *Sydney Morning Herald* newspapers via *Domain*.

TikTok - @chriskohlernews





Penguin
Random House
Australia & New Zealand

Leadership Lessons from The Inner Circle

Phoebe Saintlian-Stocks

Leadership insights across technology, business, entertainment, sport and culture.

Power rarely sits with one person alone. Behind every iconic CEO, cultural figure or global influencer is a small, trusted circle shaping decisions, managing crises and steering influence behind the scenes. This book lifts the curtain on those figures: the fixers, advisors and powerbrokers who operate closest to power, yet remain largely unseen.

Drawn from interviews, *The Inner Circle* explores what it really means to be the chief confidante and problem-solver to people whose influence rivals that of elected leaders. From private jets and penthouses to frantic midnight calls, boardroom standoffs and backstage chaos, readers are taken deep inside the lived reality of life behind The Person.

Featuring firsthand accounts from those who worked alongside figures including Mark Zuckerberg, Alexis Ohanian, Gloria Steinem, Prince Harry and Meghan Markle, and Atlassian founder Mike Cannon-Brookes, the book examines pivotal moments in business, technology, politics and culture. What lessons were learned during the formative years of Facebook and Reddit? How is influence sustained across generations of social change?

For readers of *Careless People* by Sarah Wynn-Williams, *The Diary of a CEO* by Steven Bartlett and *Women and Leadership* by Julia Gillard and Ngozi Okonjo Iweala.

Backlist

'This book is a valuable guide to understanding the relationships at the heart of government that largely go unreported and often are ill understood. Phoebe brings to life on these pages the huge role played by my chief of staff, Ben Hubbard, who is an extraordinary leader, and my incredibly talented personal staff team.' Julia Gillard, former Prime Minister of Australia

*'While headlines focus on the leaders, Saintlian-Stocks narrows in on the real decision-makers. Reading *The Right Hand* is like being let in on a secret.'* Hannah Ferguson



Non-Fiction / Leadership and Management

Product Details

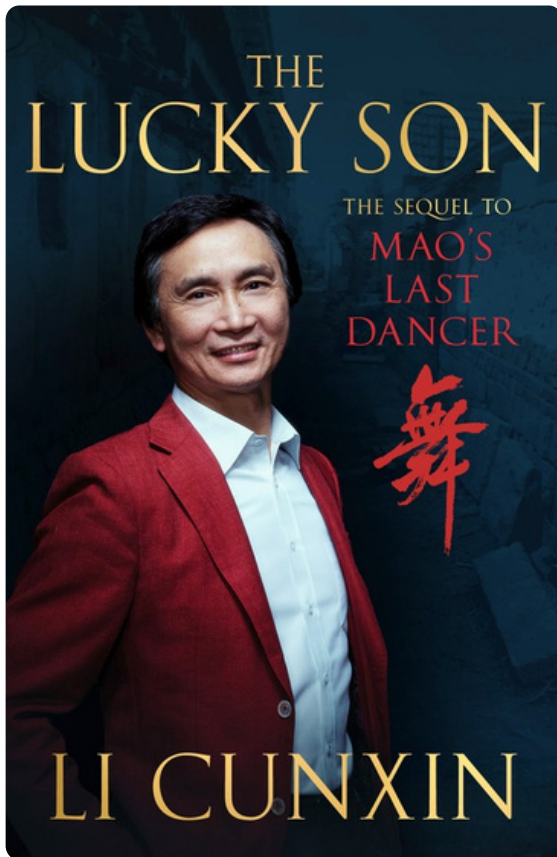
Mar 2027 | Trade Paperback | 336pp
World Rights

Phoebe Saintlian-Stocks is the founder of *Missing Perspectives*, a media startup platforming female storytelling worldwide. Established in June 2021, *Missing Perspectives* currently reaches more than 3 million people a month, and launched an app that connects newsrooms with young female journalists.

Prior to founding *Missing Perspectives*, Phoebe was a policy adviser, working stints at the Department of the Prime Minister and Cabinet, the Australian Human Rights Commission, the United Nations Secretariat and in the private sector. Her work sits at the intersection of media, power and gender.



Penguin
Random House
Australia & New Zealand



Non-Fiction / Memoir

Product Details

Oct 2026 | Trade Paperback | 448pp
World Rights

The Lucky Son

Li Cunxin

The highly anticipated follow-up to one of the world's most beloved memoirs.

'This may well be the last time we see each other – go and live your good life in Australia. You were always our hope and we are so proud of all your success. You are our lucky son.'

Mao's Last Dancer by Li Cunxin, first published in 2003, is one of the bestselling memoirs of all time. Twenty-one years later, Li's incredible rags to riches story, from extreme poverty in rural China to international stardom on the world's greatest stages, continues...

Picking up the story in 1988, where *Mao's Last Dancer* left off, Li has at last been able to return to China after his earlier defection had denied him that opportunity. He and Mary are at the top of their game working with the world's best choreographers at Houston Ballet when devastating circumstances lead Mary to walk away from her career.

Li takes readers on this new journey, from the struggle of his early days as a new father in a new country, through a dramatic switch in careers to enable him to better provide for his growing family AND ultimately, to a return to his first love, the ballet world.

Rights Sold

North America (Penguin USA), United Kingdom (PRH UK), Brazil (Editora Fundamento), Germany (Riva Verlag), Spain (Kailas Editorial) Poland (Muza), France (First éd), China (Wenhui Press), Türkiye (İnkılap Kitabevi), Sweden (Wahlstrom & Widstrand), Italy (Cairo Editore), Taiwan (China Times Publishing), Czech Republic (Euromedia), Japan (Tokuma Shoten Publishing Co), Korea (Minumsa Publishing Co.) Portugal (Leya), Slovenia (Mish Publishing), India - Kannada Language (Chanda Pustaka) and Malayam Language (Current Books Thrissur)

Li Cunxin AO was born in 1961 in the Li Commune, near the city of Qingdao on the coast of north-east China. The sixth of seven sons in a poor rural family, Li's peasant life in Chairman Mao's communist China changed dramatically when, at the age of eleven, he was chosen by Madame Mao's cultural advisers to become a student at the Beijing Dance Academy. After a summer school in America, for which he was one of only two students chosen, he defected to the West and became a principal dancer for the Houston Ballet and The Australian Ballet.

Li went on to become one of the best male dancers in the world. He then made a career transition to finance and was a senior manager in a major stockbroking firm in Australia. He lived with his wife, Mary, and their three children, Sophie, Tom and Bridie, in Melbourne for over seventeen years until his appointment as the Artistic Director of Queensland Ballet in 2012. In 2019, Li was named an Officer of the Order of Australia (AO) in the Queen's Birthday Honours for distinguished service to the performing arts, particularly to ballet, as a dancer and artistic director.

Li's autobiography, *Mao's Last Dancer*, has received numerous accolades including the Australian Book of the Year Award and has been published around the world. The children's version won the Australian Publishers Association's Book of the Year for Younger Children and the Queensland Premier's Literary Awards Children's Book Award.

Mao's Last Dancer was adapted into a 2009 blockbuster feature film of the same name by director Bruce Beresford.



Penguin
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Australia & New Zealand

It's Not For You

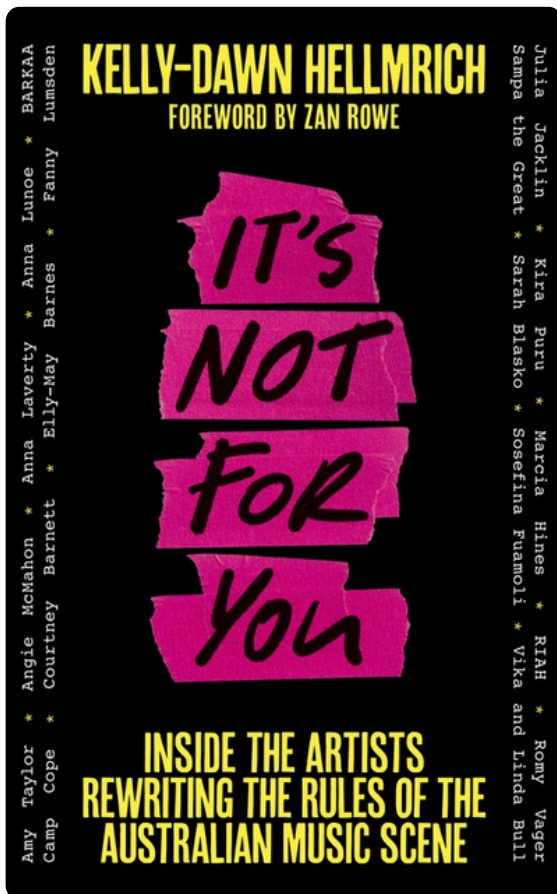
Kelly-Dawn Hellmrich

Kelly-Dawn Hellmrich speaks with women and gender-diverse artists who changed the Australian music industry on their own terms.

From our very first show in Brisbane in 2016, when we stopped mid-set to call out a guy who was pushing to the front and shoving women aside, we knew exactly what kind of space we wanted to build. One where women and queer people didn't have to shrink themselves or brace for impact if they didn't. And if you had a problem with that, it was not for you.

Trailblazing female punk band Camp Cope changed the Australian music scene forever, from their *It Takes one* campaign to end sexual harassment at gigs to their track *The Opener*, which became an anthem for fearlessly calling out the sexism that permeates the industry. Here, Kelly-Dawn Hellmrich, Camp Cope's bass player, brings that same passion to conversations with fellow artists who represent the firsts and the future of Australian music.

Featuring interviews with Amy Taylor of Amyl and the Sniffers, Angie McMahon, Anna Lavery, Anna Lunoe, BARKAA, Camp Cope, Courtney Barnett, Elly-May Barnes, Fanny Lumsden, Julia Jacklin, Kira Puru, Marcia Hines, RIAH, Romy Vager, Sampa the Great, Sarah Blasko, Sosefina Fuamoli and Vika and Linda Bull, these conversations provide a peek behind the curtain, generous personal reflection, catharsis, camaraderie and inspiration for anyone who's ever been told they were too much or not enough.



Non-Fiction / Music Biography

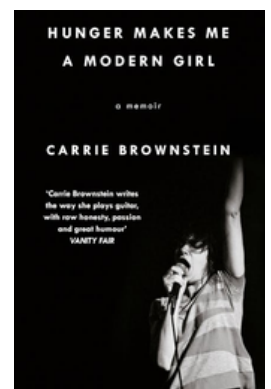
Product Details

Aug 2026 | Trade Paperback | 320pp
World Rights + Film



Kelly-Dawn Hellmrich is a musician best known as the bassist of CAMP COPE, the groundbreaking Australian punk trio that redefined the industry with their fearless activism and uncompromising sound. The band has featured in *Rolling Stone*, *The Guardian*, and *NPR*, offering candid insights into life on the road, the complexities of the music industry and deeply relatable lyrics.

Comparison Titles





Penguin
Random House
Australia & New Zealand



Non-Fiction / Humour

Product Details

Nov 2026 | Trade Paperback | 320pp
World Rights + Film

Luke Kidgell is one of Australia's most prolific and successful touring comedians, based in Melbourne.

On his most recent 'Happy Hour' tour Luke performed sold out shows to over 125,000 people across 14 countries. (Australia, New Zealand, Canada, USA, England, Wales, Scotland, Northern Ireland, Ireland, Germany, Spain, Belgium, Netherlands and Denmark).

In 2023, Luke released his most recent comedy special on YOUTUBE 'CHEERS TO THAT' which has accrued over 340,000 views.

He is best known for his quick witted crowd interactions that have gone viral online and keep his audiences coming back.

The Subtle Art of Being Average

Luke Kidgell

The Corolla of comedians, Luke Kidgell is here to show you there is nobody more average than him. So much so, he's written a whole book to prove it!

In a world full of people obsessed with being the best, the richest, the fastest, the most desirable, who is content with just being average? Luke is.

Luke Kidgell is so over forever homes, sick and tired of food fads and healthy lifestyle choices, exhausted by the deluge of aspiring social climbers and trending influencers.

In this highly scientific and peer-reviewed book*, Luke tests the hypothesis that he is the very definition of Mr Average. He looks at:

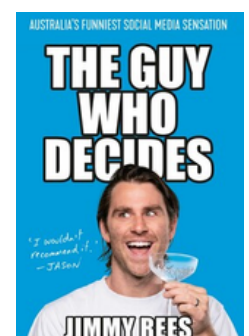
- how long he sleeps every night
- his height and weight
- how much alcohol he consumes per week
- how much time he spends grooming each day
- how many hours per week he works
- commuting time to and from work
- how much water he drinks per day
- how long he spends on social media per day
- ... and much more!

As Luke compares himself to the a myriad of medians, a clearer picture will start to emerge: Is Luke actually average?

And what about you? There's nothing stopping you from comparing your sleep, height, and grooming habits. Perhaps you are, in fact, the real Ruler of Average!

**This book is definitely not highly scientific or peer-reviewed.*

Comparison Titles





Penguin
Random House
Australia & New Zealand

STEWART BELL

FORMULA ONE

THE WORLD'S MOST BRUTAL SPORT



WITH FOREWORD BY GUENTHER STEINER



Non-Fiction / Motor Sport

Product Details

Feb 2026 | Paperback | 336pp
World Rights + Film

Rights Sold

Translation Rights sold to Poland
(Bialy Wiatr)



Stewart Bell is one of Formula One's most prolific media professionals.

Having covered F1 for over 20 years across print, digital, social, and television, Stewart has created features, news, scripts and more for a variety of clients including *Formula 1*, *The Associated Press*, *Sky Sports UK*, *Hong Kong's South China Morning Post*, *News Corp Australia*, *The Times of India*, *Top Gear*, *Motor Sport*, *GQ*, *Esquire*, *Daily Mail*, and many more.

Formula One: The World's Most Brutal Sport

Stewart Bell

Get behind the scenes of the world's most gruelling and thrilling sport with an expert who has covered Formula One for more than 20 years – plus a Foreword from F1 legend, Guenther Steiner.

Formula One is the world's most brutal sport.

For the drivers, it's the millions of dollars spent for a shot at making it to the top, with the real possibility of being washed-up before they even finish school. It's the violent physical forces inherent in racing the fastest cars, with cockpit temperatures soaring to 60 degrees Celsius. And it's the gruelling mental vice-like squeeze in constant international travel, celebrity and expectation for superhuman results from yourself, your team, and almost a billion people who watch the sport across the planet.

For the teams, it's a 24/7 commitment and a multi-billion-dollar spend to design, manufacture, and race two cars around the globe every two weeks; with exceptional results demanded from all areas of these well-oiled, precision operations – be they technical, mechanical, commercial, and logistics. Don't deliver? You're out, and the voracious beast rolls on.

Stewart Bell, who has covered the sport for more than 20 years, takes you behind the scenes – and gives you the full picture of what it's like to be inside the sport, well beyond what you might have seen on Netflix's blockbuster show: *Formula 1: Drive To Survive*.

Sales Points

Cheating and espionage: Spygate, Crashgate, there is no end to what a desperate team will do.

Unmatched Brutality: The book showcases the extreme physical and mental challenges faced by drivers.

High Stakes: The sport involves millions of dollars and the risk of being washed-up before finishing school, emphasising the high stakes and intense competition.

Behind-the-Scenes Insight: Stewart Bell, with over 20 years of experience covering the sport, offers an insider's perspective that goes beyond what fans see on Netflix's *Formula 1: Drive To Survive*.



Penguin
Random House
Australia & New Zealand

Cosy Kindness

Emily Scally

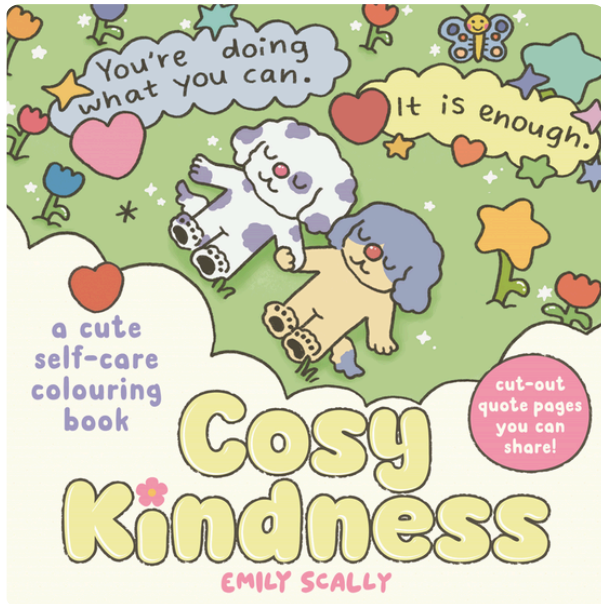
Combine the joy of colouring with feel-good affirmations that bring comfort as you create – from Aussie artist @artbylittlebug.

The future feels brighter and more vibrant with the joyful and calming act of colouring.

The 40+ bold and easy colouring images in *Cosy Kindness* will bring positivity to your day. Enjoy colouring Emily Scally's sparkle-filled artworks of animals and rediscover the power of kindness – towards yourself and others – with Emily's beautiful and relatable messages.

Once you've coloured each page, cut them out to gift to anyone in your life who needs a feel-good moment – or use them to decorate your own cosy space as a reminder that you are strong when things get tough.

With high-quality paper and single-sided pages to avoid bleed-through, all you need are your favourite pencils or markers to get started.



**Non-Fiction/ Adult Colouring /
Self-care / Gift**

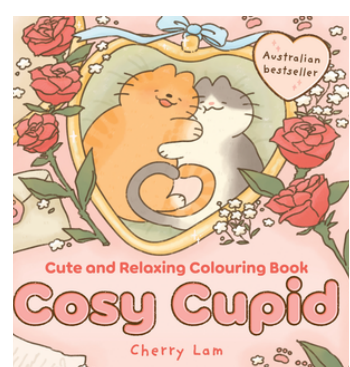
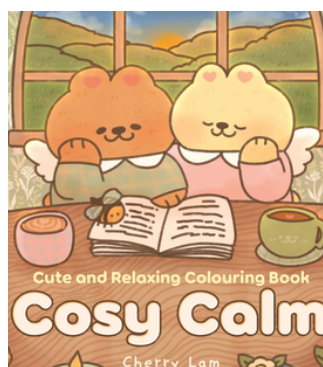
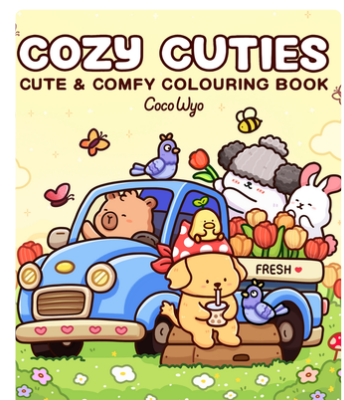
Product Details

Mar 2026 | Paperback | 96pp
World Rights + Film



Emily Scally is a queer, autistic artist based in Hervey Bay. She began creating art as a form of therapy and now shares her work online as @artbylittlebug to inspire empathy and emotional honesty in others. Known for her bright, colourful style and characters often depicted crying, Emily aims to normalise sensitivity and self-compassion in a world that often tells people to 'toughen up'. Her art explores themes of kindness, validation and mental health, offering warmth and comfort to those who view it. A lifelong animal lover, especially of dogs, Emily creates with the hope of making others feel seen and understood.

Comparison Titles





Penguin
Random House
Australia & New Zealand

Book Corner

Emily Snowdon

Escape into a cosy world of bookish nooks with this dreamy colouring book from artist Emily Snowdon.

A sunny kitchen table, your coffee and a new read. Book club with a side of cocktails. Slowing down and savouring your favourite novel.

Create delightfully cosy and bookish artworks with these beautiful illustrations from artist Emily Snowdon. With every page a blank slate for you to personalise with your favourite titles, you can colour and unwind while creating a unique masterpiece.

Perfect for anyone with a TBR pile, this is a colouring book for every skill level and every type of reader and is guaranteed to transport you from the daily grind to your literary happy place.

**Non-Fiction/ Adult Colouring /
Self-care / Gift**

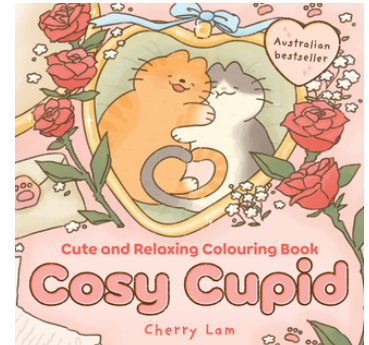
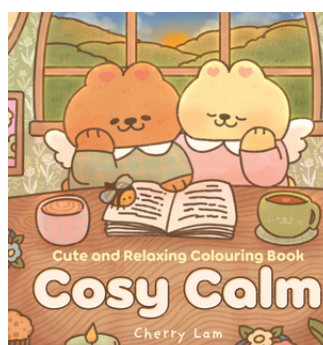
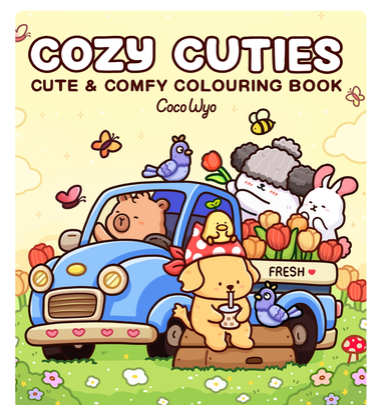
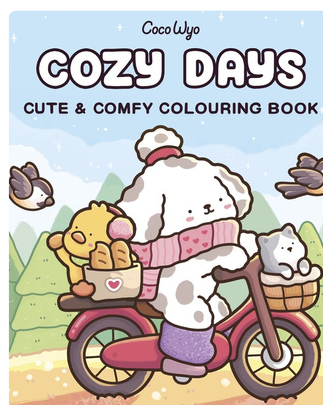
Product Details

Jun 2026 | Paperback | 96pp
World Rights



Emily Snowdon is a Melbourne-based artist renowned for her vibrant still-life paintings. Her work captures the joy of everyday moments, blending literary charm with natural beauty. Beyond her art, Emily shares her creative journey online with a growing community of art and book lovers.

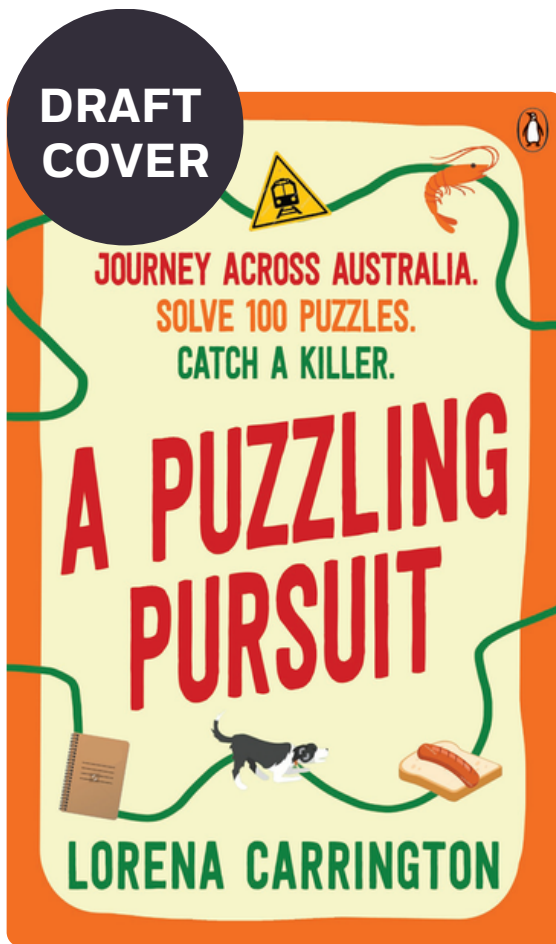
Comparison Titles





Penguin
Random House
Australia & New Zealand

**DRAFT
COVER**



A Puzzling Pursuit

Lorena Carrington

Solving one puzzle at a time as you journey across Australia. Do you have what it takes to catch a killer on the loose before they strike again?

A Puzzling Pursuit is a puzzle book featuring ten chapters and 100 puzzles, woven into a cosy, adventurous mystery set in multiple locations around Australia.

Each chapter presents a standalone case with ten puzzles, which together form part of an overarching story. In this story, 'you' work for a local newspaper in a small Australian town. When a colleague dies under suspicious circumstances, a mysterious antagonist sends you on a trail of puzzle-solving adventures.

The killer is always one step ahead, leading you on a fast-paced journey across Australia, from small towns to bustling cities.

Get ready to sharpen your detective skills and catch the killer before they strike again!

**Non-Fiction/ Puzzle Book /
Detective Puzzles**

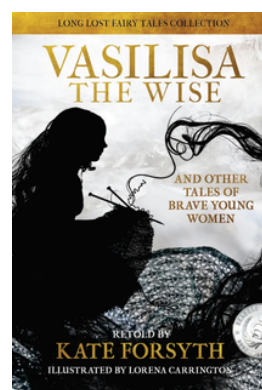
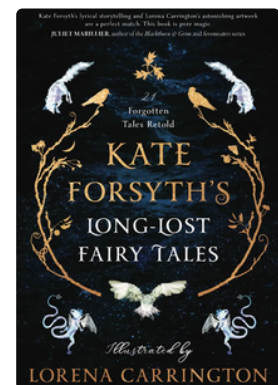
Product Details

Aug 2026 | Trade Paperback | 272pp
World Rights + Film

Lorena Carrington is an award-winning illustrator and writer, dedicated to a long-term career in Australian books and the arts. She is best known for her intricate photographic-montage illustrations, and her first children's novel *Leaf Letters* incorporated both illustrations and interactive secret codes and puzzles.

Lorena's work has been widely published, both in Australia and internationally. Her international publishers include Kane Miller (US) and Wydawnictwo Tadam (Poland).

Backlist





Penguin
Random House
Australia & New Zealand



**Non-Fiction / Lifestyle /
Pet Owner's Guide to Cats**

Product Details

Nov 2025 | Trade Paperback | 424pp
World Rights

Cat Zen

Mark Vette

Unlock the secrets of your feline friend with *Cat Zen* by Mark Vette.

Drawing from over four decades of experience, Mark Vette offers a fresh perspective on understanding and training cats.

This book is more than a manual; it's an invitation to see your cat with new eyes. Discover science-backed and proven techniques to nurture your cat's intelligence and social skills, build a lasting bond, discourage hunting and address behavioural issues.

Learn how to:

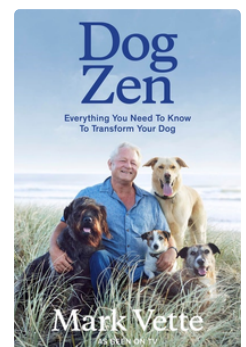
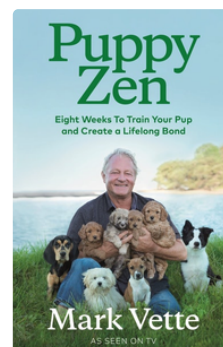
- Nurture your cat's intelligence and social abilities
- Raise a happier, more confident and emotionally resilient cat
- Understand the critical nature of the kitten's formative period
- Embrace your cat's unique personality and build a special, lasting bond with it
- Discover practical methods so your cat adapts to new experiences and environments
- Resolve behaviour issues in an adult cat
- Raise a cat that doesn't hunt.

Whether you have a cat or a kitten, *Cat Zen* provides practical advice to help you understand it - not just manage it - and will leave you full of wonder for your remarkable companion.



Mark Vette is an animal psychologist and zoologist who has been studying and working with animals for over 40 years. He runs an animal behaviour clinic and has created a companion online training program called *Dog Zen*. He has been on several popular television programs and has trained animals for many iconic New Zealand commercials. He is also a long-time and committed Buddhist who brings an emotional bond and true respect to his relationships with animals.

Backlist

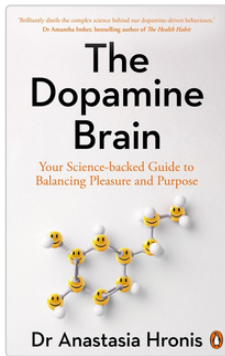




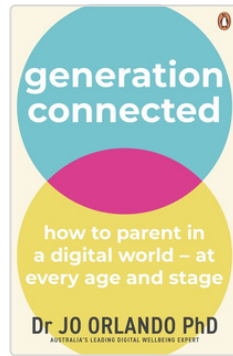
Penguin
Random House
Australia & New Zealand

Non-Fiction

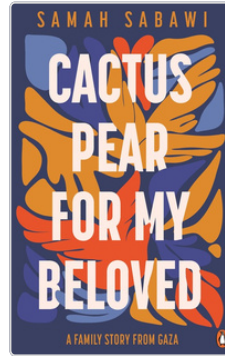
BACKLIST HIGHLIGHTS



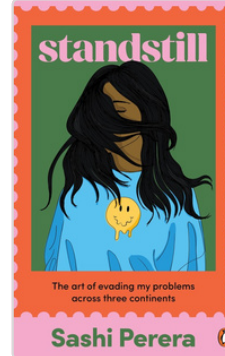
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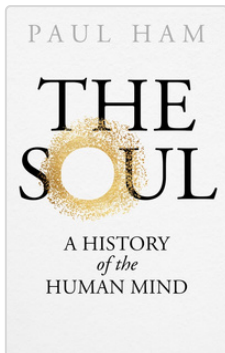
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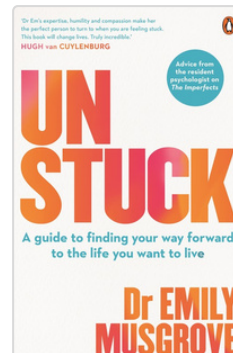
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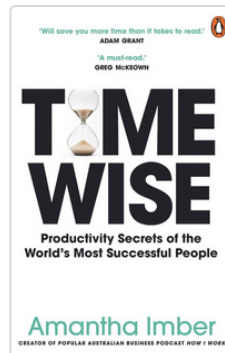
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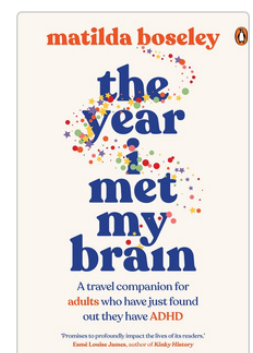
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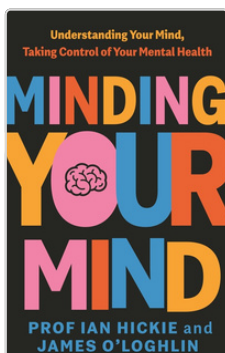
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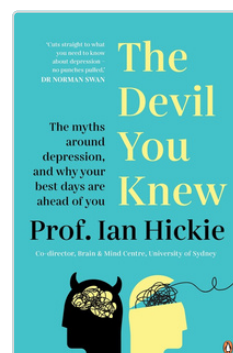
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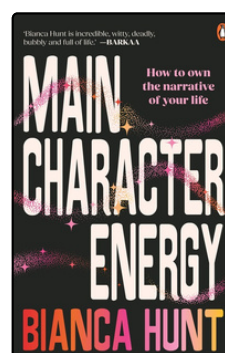
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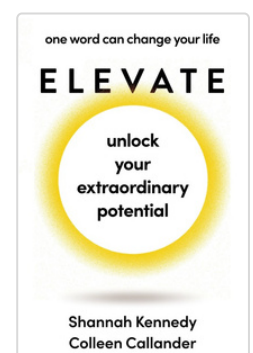
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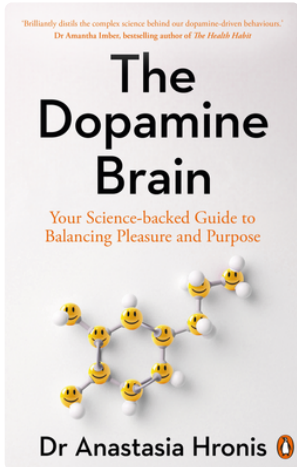
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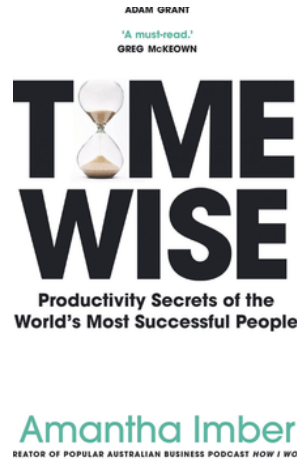
Penguin
Random House
Australia & New Zealand

Non-Fiction

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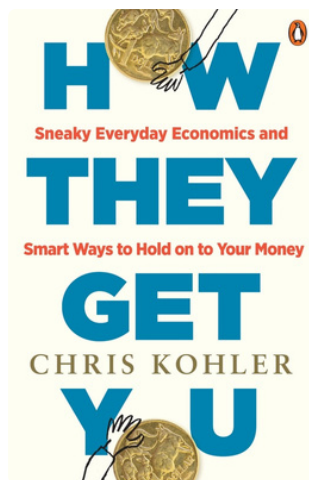


China (China Machine Press), UK (Ebury), Romania (BookZone), Brazil (Globo), Spain (Planeta), Taiwan (Linking Company), Poland (Dressler Dublin), Türkiye (Pegasus)

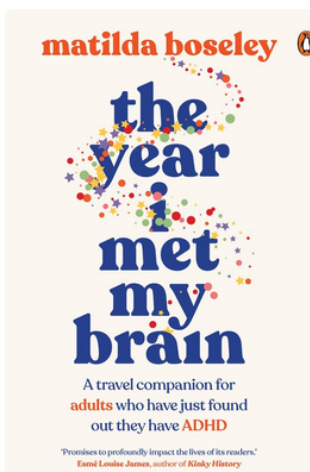
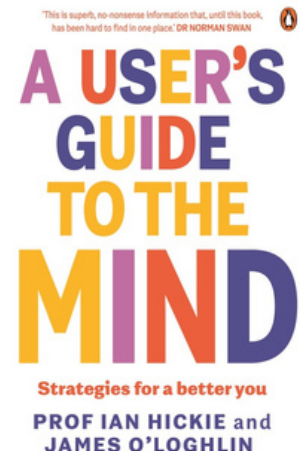


Korea (Dasan Books), Mexico (VR Editoras), Brazil (Alaude), UK (Random House), Nanmeebooks Co., Ltd (Thailand), Indonesia (PT Pustaka Alvabet), Vietnam (Ymate), Korea (Hyndae Jisung)

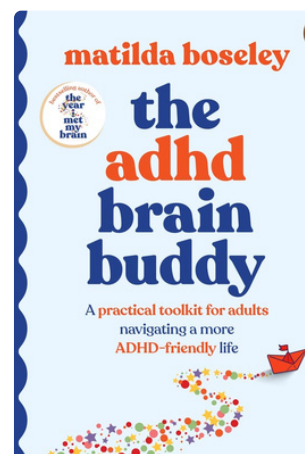
Vietnamese Translation Rights sold to First News and Korean Translation Rights to Minumsa Publishing Group)



China Translation Rights sold to Publishing House of Electronics Industry



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